

Course Program - SB Candidate 2 (Level 2, Part 2)

Deviations in the course schedule may occur depending on situational and personnel conditions.

SCHWEIZER SCHNEESPORT
BERUFS- UND SCHULVERBAND



07:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:00									
09:00						Briefing	Briefing	Briefing	Briefing
10:00	Course opening	Technique Dynamic forms - Pos. Tilt turn - Pos. Low d. turn	Technique Fresstyle forms - Pos. Fakie - Pos. Nose-/Tail-Turn	Technique Applied forms - Short turn	Methodology Exemplar lesson - by the class teacher	Methodology (Gr 1) Lessons Technique (Gr 2) Jumps - Basic Air	Methodology (Gr 2) Lessons Technique (Gr 1) Jumps - Basic Air	Methodology (Gr 1) Lessons Technique (Gr 2) Demonstration jumps	Methodology (Gr 2) Lessons Technique (Gr 1) Demonstration jumps
11:00	Technique Sliding forms - Pos. Basic turn			Group photo					
12:00		Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Video - Gr 1
13:00	Lunch break	Technique Dynamic forms - Pos. Low d. turn - Pos. High d. turn	Technique Fresstyle forms - Pos. Ollie - Pos. 180°	Technique Applied forms - Low bending turn		Methodology (Gr 1) Lessons Technique (Gr 2) Demonstration jumps	Methodology (Gr 2) Lessons Technique (Gr 1) Demonstration jumps	Methodology (Gr 1) Lessons Technique (Gr 2) Demonstration jumps	Video analyse Lesson evaluation
14:00	Technique Sliding forms - Pos. High sl. turn - Pos. Low sl. turn				Theory / Work-shop Exemplar lesson - Evaluation - Preparation for presentation				Course end - Online survey - Personal feedback & qualification
15:00	Video	Video	Video			Video - Gr 2	Video - Gr 1	Video - Gr 2	
16:00									Video analyse Logbook
17:00	Video analyse Logbook	Video analyse Logbook	Video analyse Logbook	Video analyse Logbook	Presentation Feedback	Video analyse Logbook	Video analyse Logbook	Lessons Evaluation & Planning	
18:00	Theory / Work-shop Question allocation	Questions	Questions	Questions	Admin - Theory Logbook	Theory / Work-shop Lessons - Evaluation & Planning	Theory / Work-shop Lessons - Evaluation & Planning		
19:00	Dinner	Dinner	Dinner	Dinner	Lessons Procedure & Planning	Exam (Gr 1) Language oral	Exam (Gr 2) Language oral	Theory exam written	