Course Program - SKI refresher course technical director

Deviations in the course schedule may occur depending on situational and personnel conditions.

SCHWEIZER SCHNEESPORT
BERUFS- UND SCHULVERBAND
SSBS

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

Breakfast

Snow Training
- Rookie Coach program

Course Opening
Course information, schedule, and objectives

Snow Training
- Rider system - courses and skills

Break

Lunch break

Snow Training
- Personal training

Snow Training
- Rookie Coach program

Course Closing

Video

Video analysis

Theory
- Rider system - courses and skills
- Detailed planning - Level 1A - 1 lesson

Dinner